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Welcome and Introduction  
*To Anatomy and Physiology I*  
(Full Semester Asynchronous Online Presentation)

Hello Student!

Welcome to Anatomy and Physiology I! This course is the first part of a two-part series designed to give students competency in the human body's structure and function, supporting your ongoing education and training for a career in the allied health professions. The program of study you are about to begin is rigorous but fascinating. It is an honor to guide you as you pursue this critical and rewarding career. Since many of you aim to become competent medical professionals, a solid knowledge base must be established as a foundation for further coursework and clinical study. Therefore, it's essential to adjust your schedule to dedicate sufficient time for mastering the material. It is recommended that you set aside two weekly blocks of time:

- The first block is approximately four hours to review course resources and videos. This should be scheduled at the start of each module.
- The second block is about two hours daily for mastering course content.

Since every student is different and has unique learning needs, you will need to assess your individual requirements early on. Obviously, setting aside several hours each day to master the material is advisable.

This course is conducted asynchronously online, meaning you work independently to master the required material using available resources. To succeed, you must have a compatible computer with the necessary software to access the college website and the Learning Management System (LMS): Blackboard Learn. Familiarity with Blackboard Learn is also important. I encourage you to explore the different areas of your virtual classroom through the Blackboard navigation menu. You may also want to review the Blackboard Learn Student Help resources. Simply click the Help link in the Blackboard course menu.

To get started, review the orientation documents located in the Read Me First: Getting Started section on Blackboard:

- Instructor Remarks About the Course
- Meet your Instructor

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- Course Walkthrough.
- Syllabus
- Note other links and documents of interest

Additionally, there is an introductory video that will familiarize you with the course, available here:

<https://youtu.be/K64zD4ObZR4>

After viewing the video and course documents, feel free to email me with any questions.

Get ready to "STUDY HARD"! I look forward to supporting you along the way.